



PLUM Event

Pittsburgh Lutheran
United Ministries

Saturday,
Nov. 7,
2020

Delayed event rescheduled!

For the third year in a row, PLUM (Pittsburgh Lutheran United Ministries) will be working with the faith-based organization "Rise Against Hunger" to host a **meal packaging event**. We will coordinate an assembly-line packaging of highly nutritious dehydrated meals comprised of rice, soy, vegetables and 23 essential vitamins and minerals. Together we will package more than 10,152 meals that will be sent to school feeding programs around the world, medical clinics, child growth and development centers, elder care and crisis and disaster centers.

- **2 Sessions**
- **10 a.m. – Noon and 1 – 3 p.m.**
- **25 people per session***
- Social Distancing
- Masks and gloves required
- **Registration* Deadline Sun., Oct. 25 –**
Mary Anne Novak: 412-979-8574 or
novakbbb@aol.com
- *Children aged 5 and up are welcome with parental supervision*
- **Congregations make a contribution of \$293.**

* People with *compromising health conditions* are encouraged to stay home and help make phone calls or assist in other ways from home



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